

# ARNOLDS

H O T E L

## *Winter Lunch Menu*

*Served Daily between 12.30pm -3.30pm*

### **Freshly Blended Soup of the Day €5.95**

Served with Wheaten Bread (1a,7,8,9) GF Available

### **Creamy & Chunky Seafood Chowder €8.95**

Served with Wheaten Bread (1a,4,7,8,9) GF Available

### **Warm Chicken & Bacon Salad €10.95**

Tossed with Garlic Potatoes, Roasted Bell Peppers, Pine Nuts, Sweetcorn, Organic Salad Leaves & Balsamic Dressing (7,8,GF) DF Available

### **Arnou Veggie Special Wrap €9.95**

Avocado, Feta Cheese, Cherry Tomatoes, Rocket with a Chilli Basil Hummus & side of Skinny Fries (1,7,8,11)

### **Classic BLT €9.95**

Toasted triple decker sandwich with Mayo, Crispy Bacon, Lettuce & Tomato & side of Skinny Fries (1,3,6) **\*\*Add Avocado .90c** GF & DF Available

### **Kinnegar Battered Fish of the Day €16.95**

Triple Cooked Chips, Homemade Tartar Sauce & Mushy Peas (1,4,10,DF)

### **Steak Ciabatta €19.95**

Strips of Succulent Sirloin tossed in a Pepper Sauce with Onion & Mushrooms & topped with Cheese Served with Skinny Fries (1,3,7,9)

### **Chef's Winter Special €14.95**

Please ask your server for details

### **Soup & Sandwich Combo €8.95**

Toasted Sandwich add .50c

### **Build your Own Sandwich €4.95**

(choice of 3 Toppings) Brown/White Bread or Wrap  
(1a) GF Available

Chicken  
Bacon  
Ham  
Chorizo

Coleslaw  
Cheese  
Pineapple  
Sweetcorn

Bell Peppers  
Red Onion  
Tomato  
Lettuce  
Rocket

Add .50c per extra topping  
Toasted Sandwich add .50c