

# ARNOLDS

H O T E L

## *Lunch Menu*

*Served 12.30pm -3.30pm*

### **Freshly Blended Soup of the Day €6.50**

Served with Wheaten Bread (1a,7,8,9) GF Available

### **Creamy & Chunky Seafood Chowder €9.95**

Served with Wheaten Bread (1a,4,7,8,9) GF Available

### **Warm Chicken & Bacon Salad €12.95**

Tossed with Garlic Potatoes, Roasted Bell Peppers, Pine Nuts, Sweetcorn, Organic Salad Leaves & Balsamic Dressing  
(7,8,GF) DF Available

### **Arnou Veggie Special Wrap €10.95**

Avocado, Feta Cheese, Cherry Tomatoes, Rocket with a Chilli  
Basil Hummus & side of Skinny Fries (1,7,8,11)

### **Classic BLT €10.95**

Toasted triple decker sandwich with Mayo, Crispy Bacon,  
Lettuce & Tomato & side of Skinny Fries (1,3,6)

**\*\*Add Avocado .90c GF & DF Available**

### **Kinnegar Battered Fish of the Day €18.95**

Triple Cooked Chips, Homemade Tartar Sauce & Mushy Peas (1,4,10,DF)

### **Steak Ciabatta €19.95**

Strips of Succulent Sirloin tossed in a Pepper Sauce  
with Onion & Mushrooms & topped with Cheese  
Served with Skinny Fries (1,3,7,9)

### **Chef's Spring Special €16.95**

Please ask your server for details

### **Soup & Sandwich Combo €9.95**

Toasted Sandwich add .50c

### **Build your Own Sandwich €5.50**

(choice of 3 Toppings) Brown/White Bread or Wrap  
(1a) GF Available

Chicken	Coleslaw	Bell Peppers
Bacon	Cheese	Red Onion
Ham	Pineapple	Tomato
Chorizo	Sweetcorn	Lettuce/Rocket

Add .50c per extra topping or Toasted Sandwich add .50c

### **Choice of Sides**

**All €4.50**

Garlic Potatoes (7)

Tossed Salad

Skinny Fries

Sweet Potato Fries (7)

Triple Cooked Chips

**Ask your server to Today's Sweet Treats**