

ARNOLDS

H O T E L

DUNFANAGHY, CO DONEGAL

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The following are a List of Allergens from the Food Safety Authority of Ireland. Each Allergen is individually numbered and will appear beside the meal that contains that allergen.

1. Cereals — a) Wheat; b) Barley; c) Oats
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soya Beans
7. Milk
8. Nuts - a) Walnuts; b) Cashew; c) Hazelnut; d) Almonds
9. Celery
10. Mustard
11. Seeds - a) Sesame; b) Pinenut
12. Sulphur
13. Lupin
14. Molluscs

Please feel free to ask your server if you have any queries about the allergens list.

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Lunch Menu

Served 12.30pm - 3.30pm

Freshly Blended Soup of the Day €5.95

Served with Wheaten Bread (1a,7,8,9)

Creamy & Chunky Seafood Chowder €8.95

Served with Wheaten Bread (1a,4,7,8,9)

Warm Chicken & Bacon Salad €10.95

Tossed with Garlic Potatoes, Roasted Bell Peppers, Pine Nuts, Sweetcorn, Organic Salad Leaves & Balsamic Dressing (7,8,GF)

Open Prawn or Salmon Sandwich €10.95

Lightly Dressed in a Tequila & Lime Marie Rose Sauce served with Homemade Wheaten Bread (1a,2,3,7,8)
GF & DF Available

Arnou Veggie Special Wrap €9.95

Avocado, Feta Cheese, Cherry Tomatoes & Rocket with Chilli & Basil Hummus & side of choice (1,7,8,11)

Arnou Chicken Club Sandwich €10.95

Chicken Tossed in Smoked Paprika Mayo, Sundried Tomatoes, Bell Peppers & Mozzarella & side of choice (1,3,6,7,10)
Choice of Brown or White Bread GF & DF Available

Classic BLT €9.95

Toasted triple decker sandwich with Mayo, Crispy Bacon, Lettuce & Tomato & side of choice (1,3,6)
**Add Avocado .90c GF & DF Available

Build your Own Sandwich €4.95

(choice of 3 Toppings) Brown/White Bread or Wrap (1a)

Chicken
Bacon
Ham
Chorizo

Coleslaw
Cheese
Pineapple
Sweetcorn

Bell Peppers
Red Onion
Tomato
Lettuce
Rocket

Salt & Chilli Chicken Pitta Pocket €12.95

Crispy Shredded Salt & Chilli Chicken tossed in a Sweet & Sticky Chilli Sauce, served in a Pitta with Iceberg Lettuce, Red Onion, Tomato, Mayo & a side of choice (1a,7,10)

Texas 6oz Beef Burger €14.95

Topped with Bacon, Cheese, Sautéed Onions, BBQ Sauce & side of choice (1,3,7,10) GF & DF Available

Arnou Chicken Fillet Burger €14.95

Crushed Avocado, Crispy Bacon, Salad, Ballymaloe Relish & side of choice (1a,3,7,10) GF & DF Available

Arnolds Cajun Chicken €16.95

Cajun Marinated Chicken Breast topped with Melted Cheddar Cheese, Tobacco Onions & choice of Pepper Sauce or Chorizo Cream & side of choice (1a,7) GF & DF Available

Kinnegar Battered Fish of the Day €16.95

Triple Cooked Chips, Homemade Tartar Sauce & Mushy Peas (1,3,4,10,DF)

Dips & Sauces

€1.00

Garlic Mayo (3)
Cajun Mayo (3)
BBQ Sauce (10)
Hot Sauce
Truffle Mayo (3,7)
Tomato Relish (10)
Chilly Jam
Blue Cheese (3,7,10)

€1.50
Ruby Slaw (3)
Pepper Sauce (7)
Gravy (7)
Chorizo Cream (7)

Choice of Sides

€4.25

Garlic Potatoes (7)
Tossed Salad
Fries
Sweet Potato Fries
Chunky Chips
French Fried Onions(1a,7)
Tobacco Onions (1a,7)

GF— Gluten Free; DF—Dairy Free

Ask your server to Today's Sweet Treats