

# ARNOLDS

H O T E L

## *Lunch Menu*

*Served 12.30pm - 3.30pm*

### **Freshly Blended Soup of the Day €6.95**

Served with Annemarie's Homemade Wheaten Bread (1a,7,9)

### **Creamy & Chunky Seafood Chowder €10.95**

Served with Annie's Homemade Wheaten Bread (1a,4,7,9)

### **Arnou Rainbow Bowl €10.50**

Mixed Organic Leaves, drizzled in Balsamic Reduction, topped with Cherry Tomatoes, Red Onions, Corn, Roasted Peppers, Roasted Beetroot & Chilli & Garlic Hummus (7,11)

### **Arnou Veggie Special Wrap €11.50**

Avocado, Feta Cheese, Cherry Tomatoes, Rocket with a Chilli Basil Hummus & side of Fries (1,7,8,11)

### **Warm Chicken & Bacon Salad €13.95**

Tossed with Garlic Potatoes, Roasted Bell Peppers, Pine Nuts, Sweetcorn, Organic Salad Leaves & Balsamic Dressing (7,8)

### **Open Goats Cheese Sandwich €15.95**

Toasted Sourdough Baguette topped with Donegal Rapeseed Oil, Spinach, Beef Tomatoes, Caramelised Red Onions & Five Mile Town Goats Cheese, served with Fries (1,3,7,10)

### **Arnou Style Hot Dog €14.95**

Handmade Hot Dog on a Roasted Bun, topped with Sauteed Onions, Peppers, Garlic & Mustard Aioli, served with Fries (1,3,7,10,11)

### **Chicken Salad Burger €17.95**

Crispy Bacon, Salad, Mayo & House Relish, served with Fries (1a,3,6,7,10)

### **6oz Classic Beef Burger €17.95**

Topped with Bacon, Cheese, Sauteed Onions & Tomato Sauce, served with Fries (1a,3,7)

### **Crispy Chilli Chicken Ciabatta €17.95**

Strips of Crispy Spiced Chicken on a toasted Ciabatta drizzled in a White Wine & Chorizo Cream Sauce, topped with melted Cheddar Cheese, served with Fries (1a,7)

### **Homemade Chicken Tenders €17.95**

Panko breaded Chicken, cooked until golden, served with Fries, Ruby Slaw & Creamy Peppercorn Sauce (1,3,7,10)

### **Arnolds Cajun Chicken €18.95**

Cajun Marinated Chicken Breast topped with Melted Cheddar Cheese & Tobacco Onions with Fries & a choice of Pepper Sauce or Chorizo Cream (1,7)

### **Kinnegar Battered Fish of the Day €19.95**

Chunky Chips, Homemade Tartar Sauce & Mushy Peas (1a,3,4)

## Dips & Sauces

€1.50

Garlic Mayo (3)

BBQ Sauce (10)

Hot Sauce

Truffle Mayo (3,7)

Tomato Relish (10)

Blue Cheese (3,7,10)

€2.50

Ruby Slaw(3)

Pepper Sauce(7)

Gravy(7)

Chorizo Cream(7)

Warm Sweet Chilli

## Additional Choice of Sides

€4.95

Garlic Potatoes (7)GF

Tossed Salad GF/DF

Fries GF/DF

Chunky Chips GF/DF

Creamy Mash (7 )GF

French Fried Onion(1a,3,7)

Tobacco Onions (1a,7)

**Ask your server for Today's Sweet Treats**

**GF— Gluten Free; DF—Dairy Free**

1. Cereal (a. Wheat; b. Barley; c. Oats) 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soya Beans 7. Milk

8. Nuts (a. Walnuts; b. Cashew; c. Hazelnut; d. Almonds) 9. Celery 10. Mustard 11. Seeds (a. Sesame; b. Pinenut) 12. Sulphur 12. Lupin 14. Molluscs