

ARNOLDS

H O T E L

Lunch Menu

Served 12.30pm -3.30pm

Freshly Blended Soup of the Day €5.95

Served with Wheaten Bread (1a,7,9)

Creamy & Chunky Seafood Chowder €8.95

Served with Wheaten Bread (4,7,9,12)

Warm Chicken & Bacon Salad €10.95

Tossed with Garlic Potatoes, Roasted Bell Peppers, Pine Nuts, Sweetcorn, Organic Salad Leaves & Balsamic Dressing (1,8,12)

Open Prawn/Salmon Sandwich €10.95

Atlantic Prawns Lightly Dressed in Tequila & Lime Marie Rose Sauce OR Smoked Salmon with Lemon Aioli, served with Homemade Wheaten Bread (1,2,3,7)

Arnou Veggie Special Wrap €9.95

Avocado, Feta Cheese, Cherry Tomatoes & Rocket with Chilli & Basil Hummus & side of choice (1,6,7)

Arnou Chicken Club Sandwich €10.95

Chicken Tossed in Smoked Paprika Mayo, Sundried Tomatoes, Bell Peppers & Mozzarella & side of choice (1,3,7,11)

Classic BLT €9.95

Toasted triple decker sandwich with Mayo, Crispy Bacon, Lettuce & Tomato & side of choice (1,3,7,11)

***Add Avocado .90c*

Salt & Chilli Chicken Pitta Pocket €12.95

Crispy Shredded Salt & Chilli Chicken tossed in a Sweet & Sticky Chilli Sauce, served in a Pitta with Iceberg Lettuce, Red Onion, Tomato, Mayo & a side of choice (1,3,7,10,12)

Texas 6oz Beef Burger €13.95

Topped with Bacon, Cheese, Sautéed Onions, BBQ Sauce & side of choice (1,3,7,12)

Arnou Chicken Fillet Burger €13.95

Crushed Avocado, Crispy Bacon, Salad, Ballymaloe Relish & side of choice (1,3,7,12)

Arnolds Cajun Chicken €16.95

Cajun Marinated Chicken Breast topped with Melted Cheddar Cheese, Tobacco Onions & choice of Pepper Sauce or Chorizo Cream
& side of choice (1a,7,12)

Kinnegar Battered Fish of the Day €15.95

Triple Cooked Chips, Homemade Tartar Sauce & Mushy Peas (1,3,4,12)

Choice of Sides

All €4.20

Garlic Potatoes (7)

Tossed Salad

Skinny Fries

Sweet Potato Fries (7)

Triple Cooked Chips

Ask your server to Today's Sweet Treats