

Arnou

- Cafe & Gourmet Burgers -

LUNCH TAKEAWAY & OUTDOOR DINING MENU

12noon – 3.30 pm Daily

Freshly Blended Soup of the Day €5.45

Served with Wheaten Bread (1a,7,9)

Creamy & Chunky Seafood Chowder €8.45

Served with Wheaten Bread (4,7,9,12)

Warm Chicken & Bacon Salad €10.45

Tossed with Garlic Potatoes, Roasted Bell Peppers, Pine Nuts, Sweetcorn, Organic Salad Leaves & Balsamic Dressing (1,8,12)

Open Prawn/Salmon Sandwich €10.45

Atlantic Prawns Lightly Dressed in Tequila & Lime Marie Rose Sauce

OR Smoked Salmon with Lemon Aioli, served with Homemade Wheaten Bread (1,2,3)

Arnou Veggie Special Wrap €9.45

Avocado, Feta Cheese, Cherry Tomatoes & Rocket with Chilli & Basil Hummus & side of choice (1,6,7)

Arnou Chicken Club Sandwich €10.45

Chicken Tossed in Smoked Paprika Mayo, Sundried Tomatoes, Bell Peppers & Mozzarella & side of choice (1,3,7,11)

Classic BLT €9.45

Toasted triple decker sandwich with Mayo, Crispy Bacon, Lettuce & Tomato & side of choice (1,3,7,11) ****Add Avocado .90c****

If required ask your server for an allergen list

Salt & Chilli Chicken Pitta Pocket €12.45

Crispy Shredded Salt & Chilli Chicken tossed in a Sweet & Sticky Chilli Sauce, served in a Pitta with Iceberg Lettuce, Red Onion, Tomato, Mayo & a side of choice (1,3,7,10,12)

Texas 6oz Beef Burger €11.95

Topped with Bacon, Cheese, Pineapple, BBQ Sauce & side of choice (1,3,7,12)

Arnou Chicken Fillet Burger €11.95

Crushed Avocado, Crispy Bacon, Salad, House Relish & side of choice (1,3,7,12)

Arnou Cajun Chicken €12.95

Cajun Marinated Chicken Breast topped with Melted Cheddar Cheese, Tobacco Onions & choice of Pepper Sauce or Chorizo Cream & side of choice (1a,7,12)

Kinnegar Battered Fish of the Day €12.95

Fries, Homemade Tartar Sauce & Mushy Peas (1,3,4,12)

KIDS CORNER

Kids Chicken/Beef Burger €7

Served with Fries (1a,3,7)

Kids Sausage & Chips €7

(1a,3,7,12)

Kids Goujons & Chips €7

(1a,3,7)

Kids Fish & Chips €7

(1a,3,4,7)

Choice of Sides

Tossed Salad - €3.50

Fries - €3.50

Sweet Potato Fries (7) - €3.95

Parmesan Fries- €3.95

Onion Rings (1) -€3.50

Ask Your Server for Today's Sweet Treats