



### **Arnou Porridge €4.95**

Add Maple & Berry Compote €5.50  
(1,7,8)

### **Homemade Pancakes €5.95**

Choose from:

Bacon & Maple Syrup (1a,3,7)  
Strawberry & Nutella (1a,3,7,8c)  
Banana & Maple Syrup (1a,3,7)  
Nutella & Marshmallows (1a,3,7,8c)

### **Eggs Royale €8.95**

Toasted English Muffin topped with Rocket, Wild Atlantic Smoked Salmon, Poached Eggs  
with Hollandaise Sauce  
(1a,3,4,7)

### **Smashed Avo Muffin €7.95**

Choice of:

- Avocado, Bacon & Poached Eggs on a Toasted Muffin (1a,3)
- Avocado, Halloumi & Poached Eggs on a Toasted Muffin (1a,3,7)

### **Eggs as You Like €4.95**

Poached/Fried/Scrambled, Served with Toast  
Extra Bacon/Sausage €2.00 (1a,3,7)

### **Annemarie's Famous Banana & Walnut Bread €5.95**

Toasted with Maple Syrup or Berry Compote (1,3,7,8a)

### **Arnou Classic French Toast Sandwich €8.95**

Donegal fresh Bloomer Bread, soaked in Our House Egg mix, filled with Bacon & Cheese Pan Fried,  
Finished with Cinnamon Sugar & Maple Syrup (1,3,7)

### **Arnou Mini Breakfast €7.95**

1 Bacon, 1 Sausage, Grilled Tomato, Beans, Mushrooms, Fried Egg, Toast, Tea/Americano (1,3)

### **Arnou Big Breakfast €10.95**

2 Bacon, 2 Sausages, Black & White Pudding, Beans, Mushrooms, Grilled Tomato, Fried Egg and  
a choice of Hash Brown or Potato Bread served  
with Toast and Tea/Americano (1,3,7)  
Milky Coffees €2 Extra

### **Vegetarian Breakfast €10.95**

Make Your Own Veggie Breakfast Choose 7 items from the following  
Fried/Poached Egg, Mushroom, Beans, Halloumi, Spinach, Hash Brown,  
Potato Bread, Avocado, Tomato  
Served with Toast and Tea/Americano  
Milky Coffees €2 Extra

PLEASE ASK YOUR SERVER FOR OUR SELECTION OF FRESHLY  
MADE TRAY BAKES & HOMEMADE SCONES





# C A F E A R N O U

## **Homemade Soup of the Day €5.95**

Served with Annemarie's Homemade Wheaten Bread  
(1,7,8,9)

## **Arnou Curried Chowder €8.95**

Homemade Chowder Infused with Curry, Salmon, Cod, Haddock,  
Smoked Coley, served with Annmarie's Homemade Guinness Bread (1,3,7,4,9,12)

## **Relish Delight €5.95**

Toasted Tomato, Ballymaloe Relish, Rocket & Cheddar Cheese  
on Sourdough Bread (1,7,10)

## **Stuffed Croissant €8.95**

Baked Croissant Filled with Donegal Baked Ham, Creamy Brie  
& Ballymaloe Relish (1,3,7)

## **Chicken Goujon Wrap €9.95**

With Cheese, Coleslaw, Red Onion, Mixed Leaves and Sweet Chilli Sauce  
Served with garnish (1,3,7)

## **Veggie Delight Ciabatta €9.95**

Roasted Red Pepper, Beef Tomato, Basil, Pesto, Mozzarella & finished with Rocket,  
served with House Salad (1,7) Add Chicken or Ham €2.00

## **Arnou Speciality Soda Farl €10.95**

Pan Fried, filled with Grilled Bacon and Chicken, topped with a Poached Egg,  
Lettuce, Tomato and Basil Pesto (1,3,7)

## **Arnou Salad €11.95**

Fresh Crisp Salad Leaves, Cherry Tomatoes, Pickled Cucumber, Peppers,  
Feta Cubes, topped with Warm Chicken Strips and Croutons,  
served with our Honey & Mustard Dressing, House Salad and Wheaten bread  
(1,7,10)

## **Arnou Burgers and Fish Served from 12pm**

### **6oz Classic Beef Burger €14.50**

Topped with Bacon, Cheese, Sautéed Onions & Tomato Sauce (1a,3,7)

### **Cajun Chicken Fillet Burger €14.50**

Cajun Spiced Chicken Fillet, Tobacco Onions, Cheese, Chunky Salsa & Mayo  
(1a,3,6,7)

### **Kinnegar Beer Battered Haddock €16.95**

Served with Fries, Homemade Tartar Sauce & Mushy Peas (1,3,4)

## **ADDITIONAL SIDES**

€3.50

TOSSED SALAD GF/DF

FRIES GF/DF

SWEET POTATO FRIES GF/DF

CHUNKY CHIPS GF/DF

FRENCH FRIED ONION RINGS (1A,3,7)

TOBACCO ONIONS (1A,7)

1. CEREAL (A. WHEAT; B. BARLEY; C. OATS) 2. CRUSTACEANS 3. EGGS 4. FISH  
5. PEANUTS 6. SOYA BEANS 7. MILK  
8. NUTS (A. WALNUTS; B. CASHEW; C. HAZELNUT; D. ALMONDS)  
9. CELERY 10. MUSTARD 11. SEEDS (A. SESAME; B. PINENUT) 12. SULPHUR 12. LUPIN  
14. MOLLUSCS GF GLUTEN FREE; DF DAIRY FREE

